

LIFE LOGISTICS

SMALL TWEAKS, BIG CHANGES

A 6-week **executive function** coaching group for **neurodivergent young adults (18-26)**

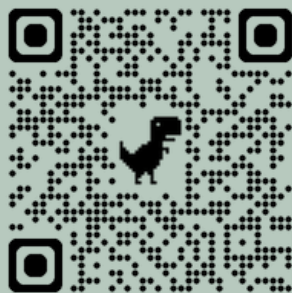
Learn about key executive function skills (planning, time management, prioritization, decision-making, etc.)

Explore and **Experiment** with practical strategies tailored for neurodivergent brains

Connect with a supportive group of people who “get it”

- Wednesdays Jan. 21st - Feb. 25th
- 7:00-8:15 PM ET on Zoom
- \$300, sliding scale available as needed

Led by Emory Roper (he/him), autistic executive function coach.



Interested in joining? Schedule a required free consult call to ensure a good fit!



Coaching with
Curiosity, LLC

<https://www.coachingwithcuriosityllc.com/booking-calendar/free-consult>